

SLC Packing List

Provided by RMYC: *All participants are required to wear uniforms while working. Uniforms consist of an RMYC t-shirt, gloves, helmet (dependent on project), and safety glasses all of which are provided by RMYC. Each member will be issued **one shirt**.*

DO NOT BRING: *These items will be confiscated and youth may be sent home*

- **Electronics (phones will be kept in a lockbox in the van during the day)**
- **Knives**
- **Firearms**
- **Alcohol, tobacco, or drugs**
- **Clothing with inappropriate or offensive words/ graphics**
- **Expensive items that you don't want to lose!**

DAY PROGRAMMING (non-overnights)

- Day Pack (10-20 L) - let us know if you need to borrow a day pack!**
- Sunscreen, bug spray**
- Lip balm with spf**
- Bandana**
- Sunglasses**
- Hat for sun protection**
- Sun shirt or long sleeve**
- Long pants (some projects require long pants, always keep a pair with you!!!)**
- Rain Gear (we are outside A LOT, please check the weather daily)**
- Swimsuit and swim towel (not needed everyday, your crew leads will let you know the day before if the crew will be swimming)**
- Water Bottle (1-3 liters)**
- Sturdy tennis shoes or hiking boots (NO sandals, crocs, or open toed shoes)**

OVERNIGHT:

- Boots/tennis shoes** - A good comfortable pair of boots or tennis shoes. We recommend something with ankle support, good traction, and waterproof or resistant.
- Socks** - Several pairs (2-3). We recommend a good wool hiking sock.
- Underwear** (we recommend 2-3 pairs for camping)
- Long Underwear/Base layers**- One top and bottom. It will get cold in the evenings, layers help!
- Shirts** – you will be given one RMYC uniform shirt. You may want one or two of your own t-shirts

- Long Pants**
- Warm Hat & Gloves**
- Warm Jacket/Coat:** For Overnights. Colorado nights get COLD!
- Sunglasses.** We will provide clear eye protection, but you may use sunglasses at work as well!
- RainCoat and Rain Pants (Super important!!!)-** Waterproof jackets will keep you warm and dry. It may rain during the overnights
- Hat or Visor** – for sun protection when off project time.
- Basic Toiletries:** toothbrush and toothpaste, comb, small shampoo and soap, moisturizing lotion, a few wet wipes.
- Towel:** for swimming
- Prescription medicines- if you have any prescriptions bring enough for the entire session.**
- Bags:** nylon compression sack or few plastic ziplock bags for organizing, waterproofing, and dirty clothes
- Camp shoes**

CAMPING EQUIPMENT: (RMYC will provide tents)

Please reach if you need a sleeping bag, sleeping pad or a backpack from RMYC.

- Backpack (or duffle bag) *NO SUITCASES*** - Even if your crew is car camping, a comfortable backpack will be helpful for carrying all of your personal gear this season. If you chose a duffle bag, know that you may need to carry it a short distance into camp. Combined with your day pack, this duffle should be able to hold all of your gear.
- Sleeping Bag** - Most corps members are comfortable in a bag rated to 0 degrees or lower temperature.
- Sleeping Pad** - Thin, closed-cell foam pad or Thermarest-type pad.
- Headlamp or Flashlight**
- Water Bottles at LEAST 3 LITERS-** You should be able to hold up to 3 liters of water. Any container works!
- Mug** - Something for hot drinks in the morning.
- Tupperware-** we will pack lunch in the morning, please bring something to hold lunch & snacks.
- Daypack**
- Watch or alarm clock**

RECOMMENDED ITEMS:

We suggest bringing the following items and NOTHING more. Our space is limited!:

- Warm upper layer – wool or synthetic; this is different from your **work outer layer**.
- Shorts
- Swim suit
- Fun Activities: Cards, games, books, journal, pens or pencils, instrument, stamps and envelopes
- Camp Chair or Yoga Pad

