

Youth Corps Packing List

Please bring everything on this list. Without this gear you will be unable to work!

Older clothing, in good condition, is completely acceptable. If you are having trouble finding gear let us know. We have a lot of gear to loan out for the summer!

Provided by RMYC: *All participants are required to wear uniforms while working. Uniforms consist of an RMYC t-shirt, gloves, helmet, and safety glasses all of which are provided by RMYC. Each member will be issued **one shirt**. RMYC provides group gear, kitchen equipment, water and food for the entire program. Sleeping bags, pads, and tents available, upon request.*

DO NOT BRING the Following Items:

- **Electronics**
- **Knives**
- **Firearms**
- **Alcohol, tobacco, or drugs**
- **Clothing with inappropriate or offensive words/ graphics**
- **Expensive items that you don't want to lose!**

You will do laundry every weekend. Pack accordingly! Everyone's preferences are slightly different.

CLOTHING:

- Boots** - A good comfortable pair of boots. We recommend something with ankle support, good traction, and waterproof or resistant. Find boots that fit and are durable. Start breaking them in before you arrive!
- Socks** - Several pairs (6-7). We recommend a good wool hiking sock.
- Underwear** (we recommend 7 pairs for camping weeks, we will do laundry on the weekend)
- Long Underwear/Base layers**- One top and bottom. It will get cold in the evenings, layers help!
- Shirts** – you will be given one RMYC uniform shirt. You may want one or two of your own t-shirts
- Work Outer Layer (shirt, or jacket)** –Long sleeve top-preferably fleece, wool, or a flannel.
- Work Pants** - 1-2 pairs of durable, long work pants. No ripped/baggy pants. Carharts and jeans work well!
- Warm Hat & Gloves**
- Warm Jacket/Coat:** For Overnights. Colorado nights get COLD!

- Sunglasses.** We will provide clear eye protection, but you may use sunglasses at work as well!
- Rain Coat and Rain Pants (Super important!!!)-** Waterproof jacket will keep you warm and dry. We work in the rain.
- Hat or Visor** – for sun protection when off project time.
- Basic Toiletries:** toothbrush and toothpaste, comb, small shampoo and soap, moisturizing lotion, a few wet wipes. Women: bring plenty of tampons or pads. Changes in activity can cause irregular periods.
- Towel:** For weekend shower and possible swimming
- Prescription medicines- if you have any prescriptions bring enough for the entire session.**
- Bags:** nylon compression sack or few plastic ziplock bags for organizing, waterproofing, and dirty clothes
- Camp shoes:** tennis shoes and sandals for water activities, etc

CAMPING EQUIPMENT:

Please reach if you need a tent, sleeping bag, sleeping pad or a backpack from RMYC.

- Backpack (or duffle bag) *NO SUITCASES*** - Even if your crew is car camping, a comfortable backpack will be helpful for carrying all of your personal gear this season. If you chose a duffle bag, know that you may need to carry it a short distance into camp. Combined with your day pack, this duffle should be able to hold all of your gear.
- Sleeping Bag** - Most corps members are comfortable in a bag rated to 0 degrees or lower temperature.
- Sleeping Pad** - Thin, closed-cell foam pad or Thermarest-type pad.
- Tent-** 1-2 person will do. If you have requested gear assistance we will provide a tent for you (you may have to share with another member).
- Headlamp or Flashlight**
- Water Bottles at LEAST 3 LITERS-** You should be able to hold up to 3 liters of water. Any container works!
- Mug** - Something for hot drinks in the morning.
- Tupperware-** you will pack your lunch each morning, please bring something to hold lunch & snacks.
- Daypack-** You'll need to bring your lunch, water bottles, rain gear, and extra layers to the worksite everyday. Your school backpack will work great!
- Watch or alarm clock**

RECOMMENDED ITEMS:

We suggest bringing the following items and NOTHING more. Our space is limited!:

- Warm upper layer – wool or synthetic; this is different from your **work outer layer**.
- Shorts
- Swim suit
- SPENDING MONEY** – For weekend store stops. (\$10.00-20.00/week should be adequate)
- A bandana or two – they have a million and one uses!
- Sunscreen (at least SPF 15), Insect Repellent, Lip balm – with sunscreen
- Fun Activities: Cards, games, books, journal, pens or pencils, instrument, stamps and envelopes
- Camp Chair or Yoga Pad